

Service provided
by

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part of



Emotional wellbeing drop-in for
children and young people under 25.

BEAM DROP-INS ARE HELD:

Current drop in - Thursdays @ 9 Market Square,
Wellington, TF1 1BP. 10am-5pm (last entry 4,15pm)

COMING SOON!!!!!!!!!!



Mondays	The Lantern, Meadow Farm Drive, Shrewsbury SY1 4NG (Starting 7th March 2022)	Open: 12pm Close: 4pm
Tuesdays	9 Market Square, Wellington, Telford TF1 1BP (Starting 8th March 2022)	Open: 12pm Close: 6pm
Thursdays	9 Market Square, Wellington, Telford TF1 1BP	Open: 10am Close: 6pm



PLEASE NOTE: no sessions will be started during the last hour of our drop-ins. This means we cannot accept anyone into the service after 5pm on Tuesday & Thursdays and 3pm on Mondays

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Shropshirebeam@childrenssociety.org.uk

WHO CAN USE BEAM?

Anyone under the age of 25 can get support from Beam.

Parent and carer support can be given in conjunction with a young person.

No referrals & no appointments: those wishing to access the Beam service can just come along to a drop-in session.



Beam is run by **The Children's Society**, a national charity that works with the most vulnerable children and young people in Britain today. For more information about the history of our organisation, as well as details of our various projects, please visit our website:

<https://www.childrensociety.org.uk>

We are a **friendly team** made up of Practitioners, Youth Workers & Wellbeing Volunteers.

We **listen** & know this can make all the difference.

Our aim is to give **advice, signposting** and **support** with any concerns relating to **feelings** and **emotional wellbeing**.



WE WILL

Help you to understand your thoughts and feelings, give you practical support and suggestions as well as worksheets to take away if needed.

WE WON'T

Diagnose, automatically make referrals or provide appointments.

It can be scary going somewhere for the first time: our drop-ins are set out to be as welcoming as possible. A team member will greet you and ask you to register before a practitioner will introduce themselves, and then take the time to listen before making suggestions.

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